

SPEAK TO YOUR SOUL

By Sue Whisenhunt

Christianity is called the great confession or the great profession. But most christens who are defeated in life are defeated because they believe and confess the wrong things. They have spoken the words of the enemy and those words hold them bondage. Many do not even know the power that is in their words, for either good or for destruction. All of the words that proceed out of your mouth plant seeds and water those seeds; then brings forth a harvest of those words, for either destruction or life.

Proverbs 6.2 NKJ says,
My son.....You are snared by the words of your mouth; You are taken by the words of your mouth.

Proverbs 6.2 AMP says,
You are snared with the words of your lips, you are caught by the speech of your mouth.

FAITH FLLED WORDS WLL PUT YOU OVER,
FEAR FILLED WORDS WLL DEFEAT YOU.

WORDS ARE THE MOST POWERFL THING
IN THE UNIVERSE!!!!!!

**A Born-again Man is a powerful spiritual being,
capable of operating on the same level of faith as God.
We were made in the image and likeness of God Almighty!!!**

God made this world with His words. Words have power to produce life or death. Proverbs 18:21 AMP says, "Death and life are in the power of the tongue, and those who indulge it shall eat the fruit of it [for death or life].

We are made in His likeness and in His image; therefore your every word has power to bring forth death in your life or life in your life.

We read in Mark 9.23 NKJ

Jesus said to him, "If you can believe, all things *are* possible to him who believes."

Mathew 17.20 NKJ

So Jesus said to them, "...for assuredly, I say to you, if you have faith as a mustard seed, you will **say** to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you."

Mark 11.23 NKJ

For assuredly, I say to you, **whoever says** to this mountain, 'Be removed and be cast into the sea,' and does not doubt in his heart, but believes that those things he **says** will be done, he will have whatever he **says**.

Spoken words program your soul and heart for either success or defeat. **Words are containers**. We cannot see words; they work in the spiritual realm, the invisible realm that surrounds us. Words are containers that carry what you say into your life and into other people's lives. They carry faith, or fear and they produce after their kind. Faith and fear are diametrically opposing forces. One is from the Kingdom of God; the other is from the Kingdom of Darkness. You will more readily receive God's Word into your spirit [heart] by hearing yourself say it than if you hear someone else say it.

The Lord spoke to me and said, "You can have whatever you ask for. In My Name, I will give it. It is yours, take it! Confess what is yours that is in my Word. Confess it over and over and you will come to fully understand and believe that it is yours. You will believe what comes out of your mouth sooner than any other person speaking it. As you speak it, it goes into your heart as a seed and you cultivate and water it by speaking it over and over. Then the harvest comes of what you have been saying." It is a process of life both in the natural and in the spiritual. It is similar to the law called seedtime and harvest.

Proverbs 4:23 NKJ

“Guard your heart with all diligence for out of it flow the issues [forces] of life.”

I asked Holy Spirit, “What are the issues of life?”

He answered, “All that is Mine; the fruit of the Spirit, the gifts of the Spirit, all my character and nature; All of ME. What are you confessing? What are you saying?”

Proverbs 4.20-24 NKJ

My son, attend to my words; consent *and* submit to my sayings. Let them not depart from your sight; keep them in the center of your heart; For they are life to those who find them, healing *and* health to all their flesh. **Keep *and* guard your heart with all vigilance/*diligence and* above all that you guard, for out of it flow the springs of life.** Put away from you false *and* dishonest speech, and willful *and* contrary talk put far from you.

SPIRITUAL LAW

This is not theory. It is **spiritual law. The LAW OF FAITH !!!**

God never does anything without saying it first.

God is a faith GOD. **God releases His faith in Words.**

Mark 11.22 NKJ - And Jesus answered them, “Have faith in God.”

A more literal translation of the above verse says, “Have the God kind of faith, or have the faith of God.”

Ephesians 5.1 literally tells us to be imitators of God as children imitate their parents. All we need to do is look at a young, 3, 4, 5 and even up to 10-year-old child to know they imitate their parents without even being taught to do it. Imitating their parents is an intricate and innate part of children learning about themselves and their world. They copy how to talk and how

to function from their parents in this natural realm. Just like our Father wants us to learn how to talk and imitate Him in the spiritual realm.

To imitate God, you must talk like Him, and act like Him. Our Father sent Jesus and He is the fullest expression of the Father's heart. Jesus embodies the character and the nature of God, our Father in Heaven. He told his disciples, "Anyone who has seen Me, has seen the Father" (John 14:9 AMP). Hebrews 1:3 AMP calls Jesus "the sole expression of the glory of God...the perfect imprint and very image of [God's] nature." Jesus is our example of who we are to imitate. Our Father gave us an example to follow of what to say and how to say things; also, what to do and how to do them. He would not ask you to do something you are not capable of doing living in Him.

Jesus operated in the faith principles of Mark 11.23, and Mathew 17.20 while on the earth. He spoke to the wind and the sea. He spoke to demons. He spoke to the fig tree. He even spoke to dead men. The wind, sea, demons and even the dead were obedient to what He said.

JESUS OPERATED IN THE GOD KIND OF FAITH.

GOD IS A FAITH GOD.

GOD RELEASES HIS FAITH IN WORDS.

Jesus was imitating His Father and getting the same results as His Father.

Jesus said in John 14.12 "He that believes on Me the works that I do shall he do also; and greater...."

These principles of Faith are based on Spiritual Laws.

They work for **whosoever** will apply these laws.

You set them in motion by the **Words of Your Mouth.**

Do you really want all those negative things you have been confessing or saying to come to pass? Are you really believing for those things?

If Jesus came to you personally and said, from this day forward it will come to pass, that everything you say will happen exactly as you say it; would that change your vocabulary? I believe it would!!!!!!

Well, He has come and said to you, you will have what you say.

Proverbs 19.21 AMP

Death and life are in the power of the tongue, and they who indulge in it shall eat the fruit of it [for death or life].

We have a choice whether or not we will agree with God & Jesus [the WORD] or we will lie against the truth. You see that God's Word is eternal, the Truth and unchangeable. So anything we say that is contrary to the truth is a lie, an untruth or false to the Truth.

James 3.14 AMP

But if you have bitter jealousy (envy) and contention (rivalry, selfish ambition) in your hearts, do not pride yourselves on it and thus be in defiance of *and* false to the Truth.

James 3.14 NKJ

But if you have bitter envy and self-seeking in your hearts, do not boast and lie against the truth.

Notice the phrase –in your hearts- in the above verse. God's Word says "out of the abundance of your heart your mouth speaks." You can look, see and analyze what is in your heart by the words you speak. Listen to yourself and see what's in your heart; both good and evil comes forth from your heart and out your mouth. The evil opposes the living Word. Anything that does not agree with the Word of God is considered evil.

Mathew 12.34-35 NKJ

....For out of the abundance of the heart the mouth speaks. A good man out of the good treasure of his heart brings forth good things, and an evil man out of the evil treasure brings forth evil things.

This is speaking of the same man. This is referring to the same heart of the same man. You can have both good and evil in your own heart.

In this Hebrews 3:12 NKJ scripture God is speaking to believers and yet it says: "Beware, brethren, lest there be in any of you an evil [wicked] heart of unbelief in departing from the living God."

What God said is already established and will not change.

Now it is up to you.

What are you going to say?

What have you been saying?

God will not alter what He has said.

Psalm 119.89 Nkj says: Forever, O Lord, Your Word is settled in heaven.

Psalm 89.34 reads "My covenant I will not break, Nor alter the word that has gone out of My lips."

It is up to us now, today to agree with the truth [the WORD] and speak it,

Or

To lie against the truth and say things that contradicts the truth, the WORD.

What are you saying??? What will you say???

Isaiah 51.16 NKJ

And I have put My words in your mouth; I have covered you with the shadow of My hand.....

Isaiah 55.11 NKJ

So shall My word be that goes forth from My mouth; It shall not return to Me void, But it shall accomplish what I please, And it shall prosper *in the thing* for which I sent it.

Jeremiah 1.12 speaks to us saying, "Then said the Lord to me, You have seen well, for I am alert *and* active, watching over My word to perform it."

You see we are to put God's Word in our mouths and speak it or confess it.

A man of God said this in several prophecies which came from the Lord:

"The body of Christ must begin to live in the authority of the Word. For God's Word is creative power. That creative power is produced by the heart, formed by the tongue, and released out of the mouth in word form. For it to be effective, man must speak it by faith. Jesus spoke it when He was on the earth and as it worked then so shall it work now. But it must be spoken by my body. Man must rise up and have dominion over the power of evil by my Words. It is my greatest desire that my people create a better life by the spoken Word. For My Word has not lost its power just because it has been spoken once. It is still equally powerful today as when I said," Let there be light."

"But for my Word to be effective, men must speak it, and that creative power will come forth performing that which is spoken in faith."

"My Word is not void of power. My people are void of speech. They hear the world and speak as the world speaks. By observing circumstances they have lost sight of my Word. They even speak that which the enemy says, and they destroy their inheritance by corrupt communication of fear and unbelief."

"No Word of Mine is void of power, only powerless when it is unspoken. As there is creative power in my Spoken Word, so is there evil power present in the words of the enemy to affect and oppress everyone that speaks them."

"Be not conformed, but be transformed into the body of faith, knowing that my Words are alive forevermore. Believe, speak, and obtain that your joy may be full and you shall be complete in Me."

"I have told my people they can have WHAT THEY SAY, but they are SAYING WHAT THEY HAVE."

This is a very simple truth, but oh how profound and far-reaching.

For as long as you say what you have, you will have what you say, then you, again say what you have, and it will produce more of what you have.

You see, you have set a spiritual law in motion; that Law will confine you to the very position or circumstance that you have spoken.

**It is an age-old problem of not looking beyond-
What you can see with the physical eye.**

**A correct application of this spiritual law -
Will change even the most impossible situation.**

But, to incorrectly apply or use these laws
will hold you in bondage
and cause the circumstances to grow worse.

Every faith principle, every spiritual law that God set forth in His Word was for your benefit. It was designed to put you over in life, to make you more than a conqueror; for you have been destined to reign in life; yes in this world.

Jesus said, “.....as thou hast believed, so be it unto thee” [Mathew 8.13 NKJ]
He didn’t say it would work only if you believed right. Whether you believe right, or wrong; whether you speak rightly or wrongly, what you say will come to pass in your life. You are sowing seeds that you will harvest. It is a law. “.....God is not mocked, **whatsoever a man sows that shall he also reap.**” [Galatians 6.7 NKJ]

This spiritual law is based on the same basic principle of seed-time and harvest. The words you speak are seeds that produce after their kind. Just as sure as they are planted, you can be equally sure a harvest will follow whether you speak life words or death words.

**Faith talks,
When faith talks, it talks faith;
Not fear or unbelief or lie against the Truth.**

James 3.2 AMP

For we all often stumble *and* fall *and* offend in many things. And if anyone does not offend in speech [never says the wrong things], he is a fully developed character *and* a perfect/mature man, able to control his whole body *and* to curb his entire nature.

Romans 12.2 AMP

Do not be conformed to this world (this age), [fashioned after and adapted to its external, superficial customs], **but be transformed (changed) by the [entire] renewal of your mind [by its new ideals and its new attitude],** so that you may prove [for yourselves] what is the good and acceptable and perfect will of God, *even* the thing which is good and acceptable and perfect [in His sight for you].

You need to be changed in your soul, which is your mind, your will, and your emotions to line up in your thinking patterns with the will of God which is the Word of God. We do this by reading the Word of God every day, by meditating on His Word, by speaking to ourselves out loud His Word, and by declaring His Word. You must agree with God's Word and make the adjustments in your attitudes and lifestyle so that you are in conformity to His will by being a doer of His Word.

Let's take a look at a few examples in scripture that reveal to us people speaking to their own soul and heart. This will be very enlightening to you as it was to me when I first saw this many years ago. Let's first take a look at a man after God's own heart; yes, King David. What did David say to himself? How did David speak to his own soul?

Psalm 103.1-5 AMP

BLESS (AFFECTIONATELY, gratefully praise) the Lord, O my soul; and all that is [deepest] within me, bless His holy name! Bless (affectionately, gratefully praise) the Lord, O my soul, and forget not [one of] all His benefits, Who forgives [every one of] all your iniquities, Who heals [each one of] all your diseases, Who redeems your life from the pit *and* corruption, Who beautifies, dignifies, *and* crowns you with loving-kindness and tender mercy; Who satisfies your mouth [your necessity and desire at your personal age and situation] with good so that your youth, renewed, is like the eagle's [strong, overcoming, soaring]!

Psalm 104.1 AMP

BLESS (AFFECTIONATELY, gratefully praise) the Lord, O my soul! O Lord my God, You are very great! You are clothed with honor and majesty.....

In this scripture, Luke 12.19 NKJ, we see a man speaking to his soul and it does not agree with the Word of God. "And **I will say to my soul, Soul,**

you have many good things laid up, [enough] for many years. Take your ease; eat, drink, *and* enjoy yourself merrily.”

In Mathew 9:18-22 AMP, we see a woman who was so determined to get healed, that she broke Levitical laws when she went out in that crowd that day. She was not supposed to be out in public with an issue of blood and could have been stoned to death. She risked her life to be healed by Jesus. But she had somehow heard about Jesus, even in the place where she was living. **“For she kept saying to herself. If only I may touch His garment, I shall be made well” [Mathew 9:21]**; it was this speaking to herself that prompted and compelled her to go out into the crowds that day to be healed. Scripture also said there was a great multitude around Jesus; so she had to press through this multitude of people to reach Jesus.

“While He was talking this way to them, behold, a ruler entered and, kneeling down, worshiped Him, saying, My daughter has just now died; but come and lay Your hand on her, and she will come to life. And Jesus got up and accompanied him, with His disciples. And behold, a woman who had suffered from a flow of blood for twelve years came up behind Him and touched the fringe of His garment; **For she kept saying to herself, If I only touch His garment, I shall be restored to health.** Jesus turned around and, seeing her, He said, “Take courage, daughter! Your faith has made you well. And at once the woman was restored to health.”

We can see what this woman, with the issue of blood, received from her words as she spoke to her soul over and over again. Jesus said, “Take courage, daughter! Your faith had made you well.” She received her healing by speaking to her soul and heart.

What Do You Need from the Master?

There is a SPIRITUAL LAW that tells us we can never believe God above our confession. This spiritual law is held in Proverbs 18.21-

**Death and life *are* in the power of the tongue,
And those who love it will eat its fruit.**

Psalm 45.1 AMP

MY HEART overflows with a goodly theme; I address my psalm to a King. My tongue is like the pen of a ready writer.

Your tongue, like the pen of a ready writer, writes upon your soul and upon your heart. Every time you speak words about something, you are writing on your soul and your heart. When you say things, you are planting seeds and watering those seeds in your heart, and they will bring forth fruit, a harvest, whether they are death-seeds or life-seeds. All God's Laws work and you are not exempt from them. You just read Proverbs 18:21, and it works for life [positive] and it works for death [negative]. You will eat the fruit of your mouths.

What is your tongue writing on your soul and your heart?

Job 22.28 AMP

You shall also decide *and* decree a thing, and it shall be established for you; and the light [of God's favor] shall shine upon your ways.

**You have the POWER of LIFE and DEATH
In YOUR TONGUE.**

YOUR FAITH WILL ONLY BE AS STRONG
OR AS WEAK AS YOUR CONFESSION,
WHICH IS EQUAL TO WHAT YOU SAY?

**WHAT ARE YOU SAYING?
ARE YOU SPEAKING LIFE OR DEATH?**

Yes, truly we need to watch what we are saying and not let everything we are thinking come out of our mouths. For example, today I was getting something out of our freezer for supper and the light in our large chest freezer was not functioning correctly. What flew through my head was: there's always something going wrong that needs fixing in this home of ours. But, I was in control of that thought and did not speak it out of my mouth; I thought about what could or should I say? What I decided to say was: I command that light to function correctly in the name of Jesus.

In Mathew 12.34-35 NKJ, we read"For out of the abundance of the heart the mouth speaks." Let us guard and train our soul, our heart and our lives with speaking words of life only. Jesus is our example; He is the fullest expression of the Father's heart. Jesus embodies the character and the nature of God, our Father in Heaven. He told his disciples, "Anyone who has seen Me, has seen the Father" (John 14:9 AMP). Hebrews 1:3 AMP calls Jesus "the sole expression of the glory of God....the perfect imprint and very image of [God's] nature."

Jesus is our example of who we are to imitate.

Our Father gave us an example to follow
of what to say and how to say things.

To imitate God,
You must talk like Him, and act like Him.

Our Father sent Jesus and He would not command you
to do something you are not capable of doing.